

PROTECT YOURSELF FROM ZIKA



APPLY EPA-APPROVED INSECT REPELLENT



WEAR PANTS AND LONG-SLEEVE SHIRTS



**USE SCREENS OR CLOSE WINDOWS AND DOORS
TO KEEP MOSQUITOES OUT**



REMOVE STANDING WATER IN AND AROUND YOUR HOME



**COVER TRASH CANS OR CONTAINERS WHERE
WATER CAN COLLECT**



TALK TO YOUR DOCTOR IF YOU HAVE CONCERNS

** Recommendations are based on emerging knowledge about Zika.*

KEEP UP WITH THE LATEST INFO AT [TexasZika.org](https://www.texaszika.org)